AQUATICS INTEGRITY UNIT

World Aquatics Member Federations

Lausanne, 24 October 2024

Re: 2025 WADA Prohibited List

Dear World Aquatics Member Federations,

Please note that the World Anti-Doping Agency has issued an updated List of Prohibited Substances that will come into force on 1 January 2025.

The 2025 Prohibited List as well as summary of the major modifications can be found here.

Key updates to the List include:

- Adjustments to dosing intervals for formoterol, though the maximum daily delivered dose remains unchanged.
- The donation of blood and blood components, including through apheresis, is no longer prohibited when performed at accredited collection centres.
- Hydrafinil has been newly classified as a non-specified stimulant.

In order to help athletes and stakeholders familiarise themselves with the updated Prohibited List, we would like to invite them to attend the upcoming ITA webinar, "What you need to know for 2025" on 7 November 2024 from 14h-15h CET.

Mark Stuart, a sports pharmacist, will be explaining the key changes to the Prohibited List that athletes and Athlete Support Personnel must be aware of.

David Healy, World Anti-Doping Agency Senior Manager, Medical, Science and Medicine, will also be providing a reminder on Therapeutic Use Exemptions.

After registering for the webinar here, participants will receive the link to join the webinar via email.

We kindly ask you to share this information with your athletes and support personnel. For any inquiries or more information about the changes, please contact worldaquatics@ita.sport.

Respectfully yours,

Justin Lessard
Aquatics Integrity Unit Senior Manager

Nicolò Juglair
Aquatics Integrity Unit Coordinator

Copyright © 2024 | AQIU - Aquatics Integrity Unit | All rights reserved